

Islington U3A Shorter Walks Group	
Walk/Distance	Finchley to High Barnet via Dollis Valley Greenwalk 5½ miles
Date/Time	Monday 23 rd November 10.00am
	Meet outside Finchley Central tube station Northern Line (High Barnet branch). Return from High Barnet station also Northern Line
Route/Terrain	From Finchley Central we walk downhill along Nether Street for 10 mins to reach the Dollis Valley Greenwalk. We follow, northwards, beside the Dollis Brook for almost the entire walk. It's a tranquil wooded green space in suburban London. We divert briefly for a coffee break at the Vero café near Woodside Park, then continue along the Greenwalk to Totteridge, and further north to Barnet where the Greenwalk opens up into a wide grassy area. The last 10 mins are on pavements uphill to High Barnet station. On firm paths throughout.
Potential hazards	Occasional muddy places following rain.
Timing	Approximately 2 ½ hours including coffee break.
Clothing/footwear	Walking shoes or boots Hiking poles not essential.
Toilets	Vero café High Barnet station
Shortening the walk	Totteridge and Whetstone station Northern Line about half an hour before the end of the walk.
Leader's contact details	Kate Grant 07973 760206 Shorterwalks.iu3a@gmail.com
Links	Dollis Valley Greenwalk http://bit.ly/3BbqZVa