

Islington U3A Shorter Walks Group	
Walk/Distance	Ealing Broadway to Hanwell 5.5 miles
Date/Time	Tuesday 6 th October 10.30am
Meeting up & travel	Meeting point, Ealing Broadway Station for a 10.30 start . Ealing Broadway is on the Elizabeth, Central and District lines. Returning from Hanwell Station to Farringdon on the Elizabeth line. All within the Freedom Pass Zone.
Route & Terrain	This walk goes through Fox Wood Nature Reserve, Pitshanger Park, Perivale Park, Brentham Garden Suburb and part of the Brent River Park Walk. Most of this walk is on paved and gravel paths but there could be some muddy patches, especially after rain. There is a small café in Pitshanger Park where we will have a coffee break and another small café near the end of the walk, next to Hanwell Zoo. You may wish to bring water and a sandwich or snack for during the walk.
Pace	Moderate.
Potential hazards	Runners, cyclists and dogs on some of the pathways. Some uneven footpaths. We will be crossing some busy roads. Please take personal responsibility for crossing, don't just follow the people in front.
Timing	Walking time is approximately three hours plus travel time and café break.
Clothing/footwear	Good walking shoes. Adjust to suit weather conditions. A hat would be useful if the weather is sunny and hot.
Toilets	There are toilet facilities at Ealing Broadway Station, the café in Pitshanger Park and in Perivale Park and one toilet at Hanwell Station.
Shortening the walk	There are buses to Ealing Broadway from Perivale park which is three quarters of the way through the route
Leader's Contacts	Email: shorterwalks.iu3a@gmail.com Walk Leaders: Valerie Branagan and Maria Savva Leaders Mobile: 07903359173 (Valerie) 07958081801 Maria vbrana2@gmail.com mariasav61@gmail.com
Links	Exploring the Elizabeth Line by Jeff Lock.

