

Islington u3a Leisurely Walks Group	
Walk/Distance	Bank - circular walk - 3 miles
Date	Tuesday 14 July 2026
Meeting up and travel	Meet at 10:00am outside Angel Station. We will take the Northern Line to Bank arriving c. 10:20am. You're welcome to join the walk at Monument Station (we will meet you outside McDonald's c.10:25am) – please let me know if you plan to join the walk here.
Route	Starting at Bank Station, the walk will take us through the heart of the City of London. We'll visit the Monument to the Great Fire of London, enjoy a short stretch along the Thames, explore the Garden at 120 Fenchurch Street with its spectacular skyline views, and discover a selection of other historic landmarks, hidden alleyways and points of interest along the way.
Potential hazards	Busy roads, uneven pavements and cobbled streets. Some steps.
Coffee stop/toilet	We'll stop for coffee near Fenchurch Street. There are toilets at the café. There are also toilets at The Royal Exchange.
Clothing/footwear	Please check the weather forecast and dress accordingly. Wear comfortable shoes and, if it's hot, please also bring some water. Though walking is one of the safest outdoor activities, no activity is completely without risk. It is your responsibility to ensure your own safety, including carrying appropriate medication and informing a fellow walker, or the Walk Leader, of any medical condition, if appropriate.
Walk leader	Rachel Pellatt pellattrachel@yahoo.co.uk 07798 870035